

THE SPOONFUL

A MONTHLY NEWSLETTER FROM YOUR AGENCY RELATIONS TEAM

—HAPPY—
VALENTINES
DAY

What's Cooking IN THIS MONTH'S ISSUE?

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Ready to Roll?

PALLET JACK TRAINING IS HERE!

Ever looked at a pallet jack and thought,
"I'd love to try that... but I'm a little nervous"?

Good news! Sheridan Chaney from our Agency Relations team is offering hands-on pallet jack trainings at the Orlando warehouse to help staff and volunteers feel confident and safe.

These quick sessions cover basic operation and moving pallets with ease. If your agency uses pallet jacks (or wants to), this is a great way to build skills.

To sign up, email Sheridan at schaney@feedhopenow.org!



From Surplus to Service



THE HISTORY OF FOOD BANKING

Food banking began in 1967 in Phoenix, Arizona, when John van Hengel founded the first food bank after noticing grocery stores were throwing away safe, edible food. He created a system to collect surplus food and distribute it to local charities feeding neighbors facing hunger. The idea quickly spread to communities across the country.

In 1979, a national network now known as **Feeding America** formed to connect food banks, share resources, and strengthen hunger relief efforts. Over time, the work grew beyond simply moving food to include nutrition, dignity, and client choice, along with partnerships with farmers, retailers, and government programs.

Today, food banks and partner agencies work together to serve their communities, ensuring neighbors have access to food and support.

This vital effort is made possible by partners like you.

Use Your Voice. Cast a Vote.



HELP SHAPE OUR JULY 2026 AGENCY CONFERENCE

We're gearing up for our July 2026 County Conference, and this year we're starting with the most important voice— *your voice*.

Want to help make this conference truly helpful for you and your team? Now's your chance to weigh in!

We're asking partners to help us:

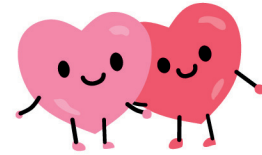
- **Suggest a conference theme**
- **Recommend a workshop topic**
- **Provide any other ideas!**

Scan the barcode to share your thoughts, or visit our website to learn more!



Don't miss your chance to have a say, vote by February 28!

Side by Side



GROWING IN LOVE WHILE SERVING THEIR COMMUNITY TOGETHER

Norberto Fonseca and Wanda Ríos met in 2009 while both were serving their community in Central Florida.

Norberto was working as an activities coordinator at a senior center, and Wanda was a physical therapist.

What began as a shared passion for helping others soon became the foundation of their relationship.



Over the years, their commitment to service grew alongside their partnership. Together, they helped launch a senior center and food pantry, responding to the needs they saw among older adults living on limited incomes.

When the COVID-19 pandemic brought uncertainty and rising need, they made a life-changing decision as a couple to dedicate themselves fully to serving their community. Even during challenging times, they stood side by side, adapting and continuing to show up for neighbors.

Their journey is more than service. It is a love story rooted in faith, shared purpose, and deep commitment. Norberto and Wanda support one another through every challenge, understanding that love is also expressed through action.

Their relationship has been strengthened by their mission, showing that when two hearts are united in service, **the impact reaches far beyond their own lives and into the community around them.**









WANT MORE OF THE SPOONFUL?

Visit our Partner Agency Website
for more information, resources,
and other helpful tools!

shfbpartneragencies.org

The screenshot shows the 'Partner Agency Hub' page of the Second Harvest Food Bank of Central Florida website. The page features a navigation bar with links for 'About Us', 'Order', 'Connect', 'Resources', and 'Calendar', along with a search bar. The main content area is titled 'Partner Agency Hub' and includes the subtitle 'We're glad you're here'. Below this, there are six white cards with icons and text, arranged in a 2x3 grid. A yellow arrow points to the 'Partner Agency Hub' title.

Order	Connect	Resources
 Order Schedule an Appointment & Get Food	 Connect Collaborate with the Partner Agency Network and Programs	 Resources Discover our Learning Library, Documents, & Trainings
Pathways	Calendar	Apply for Partnership
 Pathways Find a Second Harvest program to support your fight against hunger	 Calendar See our upcoming network events, trainings, and more.	 Apply for Partnership Learn more about becoming a partner agency.